

Tabell1

Råda prova-på-triathlon, juni 2018 (20180626)							
Nummer	Efternamn	Förnamn	Bana	Totaltid	Tid simning+T1	Tid cykling+T2	Tid löpning
9	J Hrnebrant	Fredrik	Long	01:47:09	00:34:48	00:42:56	00:32:24
57	Eriksson	Mikael	Long	01:36:26	00:35:54	00:43:40	00:19:52
58	Le Dous	Anders	Long	01:14:15	00:27:10	00:19:57	00:30:06
87	Lidstr Hm	Robert	Long	01:23:35	00:27:16	00:36:27	00:22:52
88	Sj Hstrand	Hans	Long	01:28:40	00:27:01	00:39:49	00:24:49
90	Oleander	Anna	Long	01:25:15	00:25:12	00:37:34	00:25:27
91	Wallin	Daniel	Long	01:22:01	00:25:30	00:34:14	00:25:16
92	Westbom	P Hfir-Anton	Long	01:20:44	00:22:38	00:38:24	00:22:41
95	Wallman	Philip	Long	01:12:49	00:21:46	00:32:40	00:21:22
97	Nilsson	Maria	Long	02:01:28	00:36:50		01:27:38
98	Mike	Elisabeth	Long				
99	Mondlane	Victor	Long	01:36:50	00:19:36	00:46:08	00:34:05
101	Tengvall	Anders	Long	01:22:07		00:21:19	00:23:56
102	Hägren	Maria	Long	01:37:53	00:30:13	00:42:51	00:27:48
103	Ernfors	Maria	Long	01:41:00	00:25:53	00:45:46	00:32:20
104	Hberbacher	Fredrik	Long	01:14:08	00:24:35	00:33:40	00:18:52
105	Ljungberg	Peter	Long	01:10:31	00:19:33	00:33:21	00:20:36
110	Josefsson	Sebastian	Long	01:30:56	00:32:42	00:37:45	00:23:28
111	Gun Hrr	Gustaf	Long	01:31:20	00:28:28	00:40:24	00:25:27
112	St Hfike	Christofer	Long	02:04:35	00:35:20		01:32:15
113	Wahlberg	Sara	Long	01:44:29	00:27:14		01:20:15
115	Hästrand	Magnus	Long	01:18:08	00:28:29	00:31:41	00:20:57
116	Conradsson	Jonatan	Long	01:24:40	00:29:17	00:35:27	00:22:55
117	Waerme	Rikard	Long	01:04:48	00:26:18	00:33:56	00:01:59
118	Holmes	Richard	Long	01:16:43	00:26:32	00:32:52	00:20:18
119	Svensson	Martin	Long	01:29:19	00:28:40		01:03:39
120	Nystr Hm	Henrik	Long	01:21:12	00:28:05		00:56:06
121	Hansen	Ulf	Long	01:13:43	00:20:35	00:34:58	00:21:08
122	Eriksson	Andreas	Long	01:20:55	00:27:43	00:33:22	00:22:49
123	Borglund	Anders	Long	01:22:58	00:29:06	00:34:15	00:22:36
124	Josefsson	Amanda	Long	00:29:39	00:32:39		
125	Horkeby	Simon	Long	01:22:28	00:27:50	00:36:50	00:20:47
126	Larsson	G Hran	Long	01:31:01	00:31:02	00:36:55	00:26:04
128	Szymanski	Grzegorz	Long	01:30:07	00:30:24	00:41:13	00:21:29
130	Delin	Henrik	Long	01:36:29	00:30:33	00:41:16	00:27:39
132	Heikkinen	Teddie	Long	01:24:30	00:26:34	00:36:26	00:24:29
134	Lindby	Mattias	Long	01:38:02	00:32:15	00:40:36	00:28:09
135	J Hrnebrant	Kjell	Long	01:46:47	00:35:08	00:41:11	00:33:28
136	Berg	Andreas	Long	01:29:17	00:28:37	00:38:40	00:24:59
137	Andr H-rasson	Caroline	Long	01:26:48	00:27:42	00:37:55	00:24:10
139	Lavaine	Pierre	Long	01:27:50	00:28:24	00:38:30	00:23:55
140	Sebelius	Anna	Long	01:36:09	00:32:12	00:42:19	00:24:37
141	Fransson	Joakim	Long	01:22:29	00:26:03	00:37:52	00:21:33
142	Sarvik	Anders	Long	01:18:40	00:25:46	00:35:38	00:20:15
143	Andersson	Andreas	Long	01:28:28	00:30:31	00:37:04	00:23:52
144	Ekstam	Hans	Long	01:20:33	00:26:27	00:34:18	00:22:47
145	Karlberg	Stefan	Long	01:10:23	00:21:43	00:30:17	00:21:22
146	Dahl	Fredrik	Long	01:27:03		00:51:15	00:25:23
147	Hedenlo	Madeleine	Long	01:27:09	00:24:11	00:41:17	00:24:40
148	Andersson	Hanna	Long	01:29:31	00:24:09	00:41:49	00:26:33
151	Boqvist	Pia	Long	01:35:50	00:30:10	00:42:39	00:26:00
152	Aspg Hrd	Jerker	Long	01:13:07	00:22:12	00:34:37	00:19:17
153	Sandberg	Krister	Long	01:30:47	00:26:06	00:39:13	00:28:27
154	Skancke	Espen	Long	01:34:47	00:30:08	00:39:30	00:28:09
155	Wessing	Lars	Long	01:36:00	00:28:48	00:38:39	00:31:33
158	Weinfors	Alex	Long	00:25:00	00:28:00		
159	Waldejer	Alexander	Long	01:09:57	00:20:14	00:32:22	00:20:20
160	Sj Hholm	Sebastian	Long	01:11:22	00:22:30	00:32:19	00:19:32
161	Stens Hta	Immanuel	Long	01:27:47	00:28:08	00:39:42	00:22:56
162	Thell	Lukas	Long	01:34:07	00:32:26	00:40:34	00:24:06
163	Jonsson	Torbj Hrm	Long	01:25:27	00:26:24	00:36:40	00:25:22
164	Jansen	Gerreke	Long	01:51:57	00:28:26	00:58:24	00:28:06
165	Olsson	Erik	Long	01:11:18	00:21:55	00:32:25	00:19:57
166	Olsson	Mathias	Long	01:10:33	00:21:27	00:32:41	00:19:24
167	Kaltenbrunner	Peter	Long	01:38:41	00:33:15	00:42:04	00:26:21
168	L Hppert	Mattias	Long	01:20:36	00:25:00	00:35:38	00:22:57
169	Leesment	Samuel	Long	01:41:39	00:35:37	00:46:06	00:22:55
170	Johannesson	Petra	Long	01:29:29	00:28:21	00:34:52	00:29:16
171	Asplund	Peter	Long	01:47:45	00:33:13	00:45:31	00:32:00
173	Spijker	Jakob	Long	01:30:20	00:27:54	00:42:53	00:22:32
175	Nelsen	Tomas	Long	01:25:43	00:21:02	00:46:51	00:20:49
176	Asztely	Martin	Long	01:32:40	00:30:52	00:41:12	00:23:36
178	Olsson	Tobias	Long	01:16:34	00:24:06	00:33:54	00:21:33
179	Svensson	Per	Long	01:12:41	00:21:32	00:32:30	00:21:37
180	Wehrnlund	Jonny	Long	01:30:38	00:27:32	00:38:30	00:27:35
181	Brand Hrn	Erik	Long	01:27:12	00:27:52	00:37:14	00:25:06
182	Koitrund	Bjarne	Long	01:37:48			00:27:01

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183	Hindrichsen	Per	Long	01:31:34	00:33:05	00:38:06	00:23:22
184	Johnsson	Michael	Long	01:24:50	00:27:21	00:38:18	00:22:10
185	Hackstr H m	Stefan	Long	01:41:46	00:35:43	00:42:32	00:26:30
186	Hörn Heijel	Linda	Long	01:02:24		-01:48:28	00:32:09
188	Berndtsson	Karin	Long	01:42:05	00:28:41	00:44:16	00:32:08
189	Berndtsson	Anna	Long	01:42:02	00:28:38	00:44:20	00:32:04
190	Petrini	Ronnie	Long	01:22:08	00:24:14	00:37:27	00:23:26
191	R Ndberg	Daniel	Long	01:28:48	00:25:56	00:39:21	00:26:30
196	Bohrarper	P fir	Long	01:36:03	00:29:20	00:42:54	00:26:48
198	Holm Hrn	Henrik	Long	01:12:33	00:22:18	00:32:53	00:20:21
199	M Nnesj H	Rickard	Long	01:21:48	00:28:10	00:36:58	00:19:40
1101	J H mebrant	Caroline	Long	01:43:30	00:28:57	00:46:55	00:30:38
1102	Johansson	David	Long	01:32:51	00:28:59	00:41:30	00:25:20
1103	Opperdoes	Helene	Long	01:35:09	00:32:10	00:41:13	00:24:45
1104	Höstedt	Veronika	Long	01:33:16	00:26:38	00:43:01	00:26:36
1105	Gustafsson	Filippa	Long	01:29:05	00:25:09	00:41:43	00:25:11
1106	Barett	Christoffer	Long	01:26:39	00:28:32	00:35:42	00:25:24
1107	Cox	Rhona	Long	01:50:13	00:32:18	00:49:11	00:31:44
1108	Lihnell	Markus	Long	00:20:28	00:23:28		
1109	S H rberg	Martin	Long	01:17:18	00:24:43	00:33:12	00:22:22
1110	Pesonen	Henri	Long	01:13:22	00:21:39	00:34:37	00:20:05
1111	Alm	Christoffer	Long	01:18:36	00:24:47	00:35:16	00:21:32
1112	Igelstr H m	Emma	Long	01:15:42	00:18:59	00:35:40	00:24:02
1113	Westerlund	Erik	Long	01:35:34	00:33:25	00:37:32	00:27:36
1115	Lindstr H m	Richard	Long	01:29:46	00:28:35	00:38:08	00:26:02
1116	Lindstr H m	Emilia	Long	01:31:47	00:26:30	00:40:33	00:27:37
1117	Str H mberg	Simon	Long	01:19:54	00:25:38		00:57:15
1166	Rosencrantz	Axel	Long	01:14:33	00:18:40	00:35:51	00:23:02
93	Sillberg	Peter	Short	00:45:30	00:10:08	00:22:45	00:15:36
94	Sillberg	Arvid	Short	00:48:25	00:10:10	00:22:40	00:15:33
96	Amberntsson	Sara	Short	00:45:17	00:08:36	00:24:32	00:12:08
106	Kjellen	Ida	Short	01:04:11	00:11:36	00:28:06	00:17:30
107	Matsson	Robert	Short	01:08:39	00:11:38	00:28:39	00:28:21
108	Hamrud	Eva	Short	00:44:46	00:08:11	00:23:46	00:12:48
109	Funke	Heidi	Short	00:45:50	00:08:09	00:23:13	00:14:27
114	Håstrand	Annika	Short	00:42:21	00:08:04	00:19:17	00:14:59
127	Carlsson	Caroline	Short	00:50:04	00:10:45	00:24:42	00:14:35
129	Bj H m	Annna	Short	00:49:41	00:10:48	00:24:41	00:14:11
131	Ekstrand	Karolin	Short	00:46:57	00:08:59	00:06:46	00:13:37
133	H H H k	Mia	Short	00:56:33	00:10:52	00:26:48	00:18:53
138	Stefanovic	Jovan	Short	00:47:34	00:09:42	00:21:51	00:16:00
172	Tiger	Casper	Short	00:45:23	00:07:45		00:37:38
177	Od Hrn	Calle	Short	00:48:53	00:10:27	00:25:17	00:13:08
187	Heijel	S H ren	Short	00:50:28		00:27:51	00:17:12
192	R Ndberg	Marcus	Short	00:43:40	00:08:28	00:22:40	00:12:32
193	R Ndberg	Jeanette	Short	00:45:39	00:09:12	00:22:24	00:14:02
194	Pirhonen	Madelaine	Short	00:54:45	00:12:34	00:24:04	00:18:07
195	Rudolph	Marina	Short	00:54:51	00:12:32	00:24:07	00:18:11
197	R H rby	Phillippa	Short	00:44:33	00:08:50	00:22:36	00:13:07
200	M Nnesj H	Felicia	Short	00:52:25	00:09:18	00:28:47	00:14:19
1114	Bernhill	Alexandra	Short	00:48:10	00:10:17	00:23:55	00:13:57
17				00:28:18	00:28:18		
33				00:54:26		00:18:45	
77				00:35:40			
156				00:56:03	00:10:20	00:28:54	00:16:48
157				01:39:19	00:27:03	00:39:58	00:32:16
174				01:44:26	00:36:48	00:39:26	00:28:11
11911				01:06:41		00:12:15	
113182				01:13:47		00:07:05	