

Råda ProvaPå -triathlon, 20170821

Nummer	Efternamn	Förnamn	Bana	Totaltid	Simning (+ växling 1)	Cykling	Löpning (+ växling 2)
523	Svanström	Hanna	Long				
526	Rydh	Emil	Long	01:17:56	00:19:36	00:31:25	00:26:54
528	Östedt	Veronika	Long	01:29:59	00:21:40	00:40:23	00:27:55
529	Edvardsson	Kenneth	Long	01:15:41	00:17:36	00:32:41	00:25:24
530	Ahlström	Olivia	Long	01:23:27	00:21:04	00:34:56	00:27:26
531	Melin	Christian	Long	01:11:55	00:18:48	00:30:35	00:22:31
532	Sultan	Tim	Long	01:20:13	00:20:53	00:32:22	00:26:58
533	Sheppard	Robert	Long	01:08:05	00:15:45	00:28:36	00:23:43
534	Kindlund	Christoffer	Long	00:40:20	00:21:10	00:19:09	-
535	Pesonen	Henri	Long	01:03:15	-	00:02:31	00:20:23
539	Lavaine	Pierre	Long	01:17:40	00:20:41	00:31:45	00:25:14
540	Lundgren	Camilla	Long	01:17:04	00:17:39	00:32:34	00:26:50
542	Andersson	Teddy	Long	01:06:58	00:14:37	00:28:09	00:24:05
543	Da Silva	Melina	Long	00:49:20	00:18:27	00:30:47	-
544	Arrhenius	Gustav	Long	01:14:21	00:18:37	00:31:48	00:23:56
546	Holmros	Carl Johan	Long	01:12:30	00:14:54	00:40:26	00:17:09
550	Ek	Lindakatarina	Long	01:12:36	00:16:39	00:29:03	00:26:53
553	Kewenter	Matilda	Long	01:21:19	00:16:10	00:38:29	00:26:40
554	Ohde	Sven	Long	01:08:24	00:16:19	00:29:00	00:23:04
555	Hammarlund	Henrik	Long	01:16:19	00:21:12	00:32:05	00:23:01
559	Arvidsson	Mattias	Long	01:18:50	00:21:23	00:32:04	00:25:21
560	Nilsson	Thomas	Long	01:18:21	00:19:03	00:33:40	00:25:37
561	Jacobsson	David	Long	01:20:22	00:18:44	00:33:51	00:27:46
562	Olsen	Fredrik	Long	01:16:22	00:21:33	00:35:31	00:19:17
564	Karlsson	Josefina	Long	01:21:35	00:20:29	00:33:22	00:27:43
565	Karlsson	Susanna	Long	01:27:29	00:21:38	00:36:47	00:29:03
568	Svensson	Martin	Long	01:21:25	00:20:55	00:32:17	00:28:12
569	Nilsson	Fredrik	Long	01:21:39	00:22:30	00:34:41	00:24:27
570	Carlsson	Mirella	Long	01:05:59	00:14:57	00:29:27	00:21:34
571	Lundqvist	Henrik	Long	01:03:00	00:14:19	00:28:13	00:20:27
573	Björler	Maria	Long	01:24:19	00:21:26	00:35:37	00:27:16
576	Jardeby	Edvin	Long				
577	Jardeby	Vincent	Long				
578	Wehrnlund	Jonny	Long	00:50:55	00:19:43	00:31:12	-
579	Hjärtnäs	Anders	Long	01:27:05	00:24:45	00:33:01	00:29:18
580	Borne	Edvin	Long	01:13:58	00:21:37	00:34:48	00:17:33
582	Sjöstrand	Hans	Long	01:19:46	00:20:27	00:32:54	00:26:25
583	Andersson	Magnus	Long	01:24:53	00:24:41	00:32:59	00:27:12
584	Davidsson	Peter	Long	01:18:40	00:18:22	00:34:48	00:25:29
585	Zetterlund	Johan	Long	01:12:07	00:17:30	00:31:19	00:23:17
586	Jägerman	Magnus	Long	01:11:25	00:17:41	00:29:13	00:24:30
588	Borglund	Anders	Long	01:15:27	00:21:35	00:29:06	00:24:46
589	Josefsson	Amanda	Long	01:09:11	00:22:10	00:34:12	00:12:49
590	Whibley	Sophia	Long	01:31:17	00:21:52	00:39:03	00:30:21
591	Whibley	Peter	Long	01:14:55	00:16:17	00:32:46	00:25:50
594	Nilsson	Johan	Long	01:15:07	00:22:32	00:29:37	00:22:58
595	Lüppert	Mattias	Long	01:15:04	00:17:51	00:30:29	00:26:43
596	Ekstedt	Christina	Long	01:32:54	00:16:12	00:41:57	00:34:44
597	Smedman	Andreas	Long	01:16:01	00:20:33	-	00:55:27
598	Krumkühler	Kornelia	Long	01:26:29	00:22:07	00:37:25	00:26:56
599	Kossenjans	Michael	Long	01:11:28	00:17:34	00:29:51	00:24:03
600	Kaltenbrunner	Peter	Long	01:26:48	00:23:49	00:35:05	00:27:53
601	Asztely	Martin	Long	01:27:19	00:21:08	00:40:06	00:26:04
602	Wahlsten	Göran	Long	01:22:44	00:22:17	00:32:44	00:27:43
605	Burrows	Martin	Long	01:08:46	00:17:46	00:29:23	00:21:37
606	Thylen	Ida	Long	01:29:46	00:24:01	00:38:00	00:27:45
607	Rosén	Erik	Long	01:09:35	00:17:28	00:29:48	00:22:18
609	Rosencrantz	Lars	Long	01:04:11	00:13:50	00:27:10	00:23:09
610	Rosencrantz	Axel	Long	01:04:32	00:13:25	00:30:16	00:20:51

611	Hermansson	Mattias	Long	01:11:49	00:17:26	00:30:21	00:24:01
612	Jansson	Per	Long	01:07:58	00:17:37	00:28:35	00:21:45
613	Persson	Jimmie	Long	01:11:05	00:17:43	-	00:53:22
614	Lindskog	Tommy	Long	01:21:27	00:21:28	00:34:01	00:25:57
615	Lagerbielke	Dan	Long	01:25:39	00:23:34	00:36:26	00:25:38
616	Granlund	Peter	Long	01:36:35	00:29:56	00:35:14	00:31:23
617	Johansson	Stefan	Long	01:36:31	00:29:30	00:35:43	00:31:17
618	Ericsson	Andreas	Long	01:12:34	00:18:55	00:28:42	00:24:56
619	Petersén	Daniel	Long	01:30:45	00:25:13	00:38:01	00:27:30
620	Möller	Emilia	Long	01:08:02	00:16:14	00:28:05	00:23:42
621	Engstrand	Kristina	Long	01:08:55	00:15:48	00:29:35	00:23:31
622	Larsson	Bengt-Inge	Long	01:36:20	00:26:22	00:36:40	00:33:16
623	Hede	Maja	Long	01:23:24	00:20:46	00:34:53	00:27:44
624	Lihnell	Markus	Long	01:02:42	00:14:17	00:26:39	00:21:45
625	Larsson	Rickard	Long	01:12:25	00:20:48	00:30:45	00:20:51
626	Holmes	Richard	Long	00:45:36	00:17:16	00:28:19	-
627	Ljungberg	Peter	Long	01:04:40	00:13:41	00:29:03	00:21:56
628	Thell	Lukas	Long	00:58:11	00:24:59	00:33:00	00:23:11
629	Stensöta	Immanuel	Long	01:13:54	00:18:41	-	00:55:12
632	DÜRING	SOFIE	Long	01:05:33	00:16:45	00:28:24	00:20:23
633	ASTROM	KLAS	Long	00:57:15	-	00:37:33	00:14:09
635	Holmén	Fredrik	Long	01:09:50	00:19:45	00:31:29	00:18:35
637	ANDERSSON	MARTIN	Long	01:29:42	00:20:51	-	01:08:51
638	KNUTSON	ANDREAS	Long	01:20:10	00:19:57	00:32:34	00:27:38
639	LILJEROTH	CHRISTOFFER	Long	01:25:25	00:22:14	00:33:58	00:29:11
641	SANGEUS	MATHIAS	Long	01:20:37	00:28:33	00:36:54	00:15:10
643	ANDREASSON	FREDRIK	Long	01:03:38	00:14:50	00:27:49	00:20:58
644	SVENSSON	PETER	Long	01:16:58	00:22:35	00:28:56	00:25:26
645	BENNINGE	JOHAN	Long	01:22:53	-	00:39:34	00:26:20
646	EGGEN	RICHARD	Long	01:14:02	00:21:02	00:28:26	00:24:32
647	BÄCKSON	FREDRIK	Long	00:57:43	-	00:23:48	00:19:52
649	Olsen	CARL	Long	01:12:28	00:12:16	00:30:49	00:22:08
650	Rådberg	Daniel	Long	01:07:09	-	00:39:55	00:14:45
653	Jonson	Anders	Long	01:12:58	00:18:51	00:31:53	00:22:12
654	Bergqvist	Henning	Long	01:06:32	00:14:52	00:29:14	00:22:26
655	Wallin	Daniel	Long	00:46:57	00:18:35	00:28:22	-
656	Sandberg	Krister	Long	01:20:35	00:17:32	00:33:18	00:29:43
657	Andersson	Fredrik	Long	01:00:23	00:21:30	00:30:36	00:23:17
658	Kransiqi	Luftar	Long	01:22:59	00:22:25	00:34:25	00:26:08
659	Persson	Anneli	Long	00:45:30	00:12:02	00:17:06	00:16:21
660	Aspgård	Jerker	Long	01:13:24	00:14:26	00:38:53	00:20:05
661	HYLEEN	Christer	Long	01:32:34	00:26:48	00:36:42	00:29:03
662	Sjögren	ERIK	Long	01:25:56	00:21:47	00:36:36	00:27:32
665	MALMHÅLL	DANIELQ	Long	01:10:20	00:17:53	-	00:31:20
666	PETRINI	ANNA	Long	01:20:40	00:20:37	00:33:33	00:26:30
667	GOÖK	OLA	Long	01:26:02	00:22:50	00:35:57	00:27:14
668	JUNKELL	MARIA	Long	01:15:19	00:19:27	00:31:21	00:24:31
669	WAERME	RIKARD	Long	01:16:31	00:18:38	00:32:26	00:25:25
670	WAERME	MARCUS	Long	01:11:30	-	00:36:10	00:18:49
672	Persson	Tove	Long	01:34:12	00:22:20	00:42:45	00:29:06
673	Lillhage	Christoffer	Long	01:11:32	00:16:49	00:32:37	00:22:05
675	Sillberg	Peter	Long	01:22:13	00:16:52	00:23:46	00:35:49
676	Johansson	Linus	Long	01:12:22	00:17:12	00:29:48	00:25:20
677	Magnusson	Hanna	Long	01:27:38	00:21:06	00:35:53	00:30:37
678	Lindström	Pontus	Long	01:21:31	00:20:58	00:33:52	00:26:40
679	EKSTRAND	MAGNUS	Long	01:09:01	00:17:14	00:29:14	00:22:32
680	KARLSSON	JOHANNA	Long	01:17:11	-	00:42:23	00:25:46
681	EIKEDAL	CHRISTIAN	Long	01:09:28	00:19:14	00:31:53	00:18:20
682	FLINTA	MARTIN	Long	01:00:11	-	00:31:21	00:19:21
684	Bäckström	Richard	Long	00:59:48	00:14:08	00:27:20	00:18:19
524	Magnusson	Clas	Short	00:39:42	00:09:52	00:16:20	00:13:30
525	Olsson	Nils	Short	00:42:53	-	00:48:11	00:14:59

536	Arenbo	Svante	Short	00:45:16	00:09:54	-	00:35:22
537	Lind	Jessica	Short	00:44:16	00:09:28	00:19:25	00:15:22
538	Lindahl	Jennie	Short	00:45:46	00:08:53	00:19:56	00:16:55
541	Karlsson	Ingvar	Short	00:40:07	00:10:27	00:14:27	00:15:11
545	Törnell	Sebastian	Short	00:52:22	00:15:37	00:18:47	00:17:57
548	Jewert	Elsa	Short	01:03:28	00:12:23	00:25:41	00:25:23
549	Mattsdotter	Iselin	Short	00:19:25	00:07:23	00:06:09	00:05:51
551	Höglund	Arvid	Short	00:37:40	00:06:31	00:17:53	00:13:16
552	Höglund	Kina	Short	00:34:55	00:05:45	00:16:42	00:12:27
556	Svanberg	Per	Short	00:43:51	00:09:49	00:17:58	00:16:03
557	Cox	Rhona	Short	00:49:01	00:10:12	00:20:16	00:18:33
558	Höglund	Celia	Short	00:22:23	00:08:39	00:08:08	00:05:35
563	Jensen	Robert	Short	00:39:45	00:09:18	00:18:02	00:12:25
566	Hasselqvist	Daniel	Short	00:44:09	00:08:51	00:17:23	00:16:08
567	Wilhelmsson	Elin	Short	00:43:57	00:09:05	00:18:45	00:16:06
572	Barkman	Tomas	Short	00:44:11	00:08:26	00:19:52	00:15:52
574	Palm	Johan	Short	00:52:18	00:12:59	00:21:12	00:18:07
575	Von Freymann	Caroline	Short	00:52:22	00:13:00	00:21:05	00:18:16
581	Boss	Annika	Short	00:52:26	00:14:49	00:19:12	00:18:11
587	Körner Hansson	Diana	Short	00:48:04	00:09:55	00:21:52	00:16:17
592	Eklund	Helen	Short	00:45:49	00:10:53	00:17:52	00:17:03
593	Hedelin	Pamie	Short	00:45:52	00:10:44	00:17:08	00:17:59
603	Lemurell	Malin	Short	00:58:56	-	00:20:55	00:15:16
604	Lemurell	Isak	Short	00:58:24	00:15:30	00:28:12	00:14:41
608	Sjans	Daniel	Short	00:35:04	00:06:08	00:16:10	00:12:45
630	Stensöta	Helena	Short	00:53:39	-	00:20:59	00:18:46
631	Eng	Annica	Short	00:44:34	00:08:45	-	00:35:48
636	FORSLUND	NINA	Short	00:47:45	00:10:02	00:20:54	00:16:28
640	UDDFOLK	ROGER	Short	00:48:06	00:13:50	-	00:34:15
642	NILSSEN	THERESE	Short	00:43:34	00:10:10	00:18:49	00:14:35
648	BÄCKSTRÖM	JOHAN	Short	00:37:25	00:07:00	00:16:13	00:14:11
651	Rådberg	Jeanette	Short	00:45:05	-	00:21:13	00:16:42
652	Rörby	Philippa	Short	00:43:00	-	-	00:57:54
663	GRAHN	NIKLAS	Short	00:46:22	00:11:33	00:19:15	00:15:34
664	GRAHN	LOUISE	Short	00:46:25	00:11:35	00:19:11	00:15:38
671	Asp	Agnes	Short	00:48:55	00:11:30	00:21:07	00:16:18
674	Gustafsson	Filippa	Short	00:39:17	00:07:05	00:17:16	00:14:55
683	Hällinder	Axel	Short	00:45:56	-	-	00:45:44