

Råda ProvaPå -triathlon 20170731

| Nummer | Efternamn | Förnamn | Bana | Totaltid | Simning (+ växling 1) | Cykling | Löpning (+ växel 2) |
|--------|-------------|-------------|------|----------|-----------------------|----------|---------------------|
| 411 | Hansson | Andreas | Long | 01:13:51 | 00:16:26 | 00:32:49 | 00:23:10 |
| 437 | Sjögren | Erik | Long | 01:24:24 | 00:22:09 | 00:36:00 | 00:25:11 |
| 335 | Jonsson | Torbjörn | Long | 01:12:01 | 00:18:07 | 00:29:09 | 00:24:44 |
| 336 | Svanström | Hanna | Long | 01:08:50 | 00:17:55 | 00:30:18 | 00:20:36 |
| 337 | Svensson | Daniel | Long | 01:08:32 | 00:00:00 | 00:35:51 | 00:23:50 |
| 338 | Persson | Mattias | Long | 01:24:15 | 00:21:07 | 00:38:46 | 00:24:22 |
| 339 | Hägg | Anders | Long | 01:34:03 | 00:23:11 | 00:41:01 | 00:29:49 |
| 343 | Luhr | Magnus | Long | 01:21:16 | 00:21:01 | 00:32:23 | 00:27:52 |
| 346 | Lavaine | Pierre | Long | 01:17:22 | 00:20:50 | 00:31:19 | 00:25:12 |
| 347 | Pesonen | Harri | Long | 01:34:56 | 00:24:35 | 00:40:31 | 00:29:50 |
| 348 | Karlsson | Christoffer | Long | 01:17:33 | 00:19:27 | 00:33:00 | 00:25:05 |
| 349 | Sjöholm | Sebastian | Long | 00:44:39 | 00:09:50 | 00:34:49 | 00:00:00 |
| 364 | Pesonen | Pekka | Long | 01:09:58 | 00:13:05 | 00:34:59 | 00:21:54 |
| 368 | Edvardsson | Kenneth | Long | 01:17:14 | 00:18:30 | 00:32:40 | 00:26:03 |
| 369 | Hammarlund | Henrik | Long | 01:12:30 | 00:19:04 | 00:30:36 | 00:22:49 |
| 370 | Lindgren | Erik | Long | 01:16:13 | 00:19:13 | 00:33:04 | 00:23:55 |
| 374 | Eckerstein | Susanna | Long | 01:16:01 | 00:16:41 | 00:35:03 | 00:24:16 |
| 375 | Lindén | Jon | Long | 01:15:37 | 00:15:47 | 00:32:15 | 00:27:35 |
| 378 | Waerme | Rikard | Long | 01:14:35 | 00:18:05 | 00:32:29 | 00:24:00 |
| 379 | Ottosson | Tomas | Long | 00:20:53 | 00:20:53 | 00:00:00 | 00:00:00 |
| 381 | Johansson | Göran | Long | 01:27:20 | 00:20:44 | 00:34:18 | 00:32:17 |
| 382 | Rådinger | Dan | Long | 01:19:06 | 00:19:39 | 00:30:50 | 00:28:37 |
| 383 | Rådinger | Madeleine | Long | 01:37:15 | 00:26:54 | 00:38:24 | 00:31:56 |
| 384 | Olsen | Fredrik | Long | 01:28:11 | 00:20:56 | 00:34:01 | 00:33:13 |
| 385 | Jonson | Mattias | Long | 01:05:13 | 00:17:13 | 00:28:12 | 00:19:47 |
| 388 | Roos | Fredrik | Long | 01:26:03 | 00:24:26 | 00:35:04 | 00:26:33 |
| 391 | Kimming | Stefan | Long | 01:11:14 | 00:16:34 | 00:30:33 | 00:24:06 |
| 392 | Opperdoes | Helene | Long | 01:23:55 | 00:23:19 | 00:34:17 | 00:26:18 |
| 393 | Halsenius | Sanna | Long | 01:43:38 | 00:23:46 | 00:45:24 | 00:34:27 |
| 394 | Nordlund | Johan | Long | 01:14:07 | 00:19:18 | 00:31:19 | 00:23:28 |
| 395 | Johansson | Ronnie | Long | 00:14:54 | 00:14:54 | 00:00:00 | 00:00:00 |
| 396 | Holmes | Richard | Long | 01:05:28 | 00:00:00 | 00:00:00 | 00:40:00 |
| 399 | Ohde | Sven | Long | 01:09:05 | 00:16:17 | 00:29:11 | 00:23:37 |
| 402 | Bark | Jonathan | Long | 01:17:24 | 00:21:08 | 00:33:52 | 00:22:23 |
| 403 | Svensson | Martin | Long | 01:23:13 | 00:21:05 | 00:32:40 | 00:29:27 |
| 405 | Sunde | Malin | Long | 01:23:37 | 00:20:35 | 00:36:11 | 00:26:51 |
| 408 | Magnusson | Gert | Long | 01:09:51 | 00:18:26 | 00:29:27 | 00:21:58 |
| 409 | Göting | Magnus | Long | 01:10:43 | 00:16:13 | 00:30:08 | 00:24:22 |
| 410 | Andreasson | Fredrik | Long | 01:03:00 | 00:14:31 | 00:00:00 | 00:48:29 |
| 412 | S. Honarvar | Antovan k | Long | 01:22:51 | 00:23:17 | 00:26:37 | 00:32:56 |
| 413 | Berggren | Roger | Long | 01:03:35 | 00:14:37 | 00:26:22 | 00:22:35 |
| 414 | Davidsson | Peter | Long | 01:18:06 | 00:18:28 | 00:32:55 | 00:26:42 |
| 415 | Zetterlund | Johan | Long | 00:49:13 | 00:16:59 | 00:32:13 | 00:00:00 |
| 417 | Sjögren | Peter | Long | 01:16:30 | 00:17:57 | 00:32:04 | 00:26:28 |
| 418 | Gerlam | Mats | Long | 01:17:05 | 00:20:24 | 00:30:37 | 00:26:03 |
| 419 | Josefsson | Amanda | Long | 01:24:36 | 00:21:41 | 00:36:17 | 00:26:37 |
| 420 | Borglund | Anders | Long | 01:13:47 | 00:20:19 | 00:28:45 | 00:24:42 |
| 421 | Bichler | Louise | Long | 01:15:19 | 00:17:43 | 00:33:45 | 00:23:50 |
| 422 | Karlberg | Stefan | Long | 01:01:39 | 00:14:13 | 00:26:14 | 00:21:11 |
| 423 | Wissmar | Thony | Long | 01:08:09 | 00:17:40 | 00:28:58 | 00:21:31 |
| 424 | Olsen | Carl | Long | 01:11:54 | 00:18:32 | 00:31:52 | 00:21:29 |
| 425 | Möller | Emilia | Long | 01:10:09 | 00:16:54 | 00:29:13 | 00:24:01 |

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| 426 | Lihnell | Markus | Long | 01:04:18 | 00:14:07 | 00:27:02 | 00:23:08 |
| 427 | Liljenberg | Mattias | Long | 01:06:08 | 00:16:11 | 00:28:37 | 00:21:19 |
| 428 | Bengtsson | Anton | Long | 00:57:48 | 00:12:19 | 00:26:39 | 00:18:49 |
| 430 | Bengtsson | Frida | Long | 01:15:03 | 00:16:08 | 00:34:10 | 00:24:43 |
| 431 | Klingberg | David | Long | 01:10:32 | 00:16:36 | 00:30:25 | 00:23:30 |
| 432 | Kossenjans | Michael | Long | 01:10:38 | 00:16:57 | 00:30:58 | 00:22:43 |
| 433 | Krumkühler | Kornelia | Long | 01:27:44 | 00:22:11 | 00:38:22 | 00:27:09 |
| 435 | Olsson | Tobias | Long | 01:11:19 | 00:18:56 | 00:29:49 | 00:22:32 |
| 436 | Andersson | Martin | Long | 01:28:41 | 00:20:48 | 00:37:43 | 00:30:08 |
| 438 | Wessing | Lars | Long | 01:24:57 | 00:20:00 | 00:33:09 | 00:31:47 |
| 439 | Larsson | Bengt-Inge | Long | 01:37:05 | 00:24:56 | 00:36:50 | 00:35:19 |
| 440 | Olsson | Daniel | Long | 01:07:29 | 00:14:18 | 00:28:25 | 00:24:45 |
| 441 | Persson | Hampus | Long | 01:20:42 | 00:23:04 | 00:29:58 | 00:27:39 |
| 443 | El | Oscar | Long | 01:00:50 | 00:13:44 | 00:26:21 | 00:20:45 |
| 444 | Smedman | Andreas | Long | 01:15:52 | 00:19:09 | 00:30:10 | 00:26:32 |
| 445 | Sjöcrona | Elias | Long | 01:00:20 | 00:00:00 | 00:24:59 | 00:19:28 |
| 450 | Petersson | Mathias | Long | 01:21:42 | 00:19:21 | 00:34:43 | 00:27:38 |
| 451 | Roos | Martin | Long | 01:22:18 | 00:20:29 | 00:36:07 | 00:25:41 |
| 453 | Dahl | Fredrik | Long | 01:17:49 | 00:18:10 | 00:32:42 | 00:26:56 |
| 454 | Da Silva | Melina | Long | 01:13:27 | 00:17:45 | 00:31:10 | 00:24:31 |
| 455 | Tönnäng | Lenny | Long | 01:10:55 | 00:16:38 | 00:29:54 | 00:24:22 |
| 456 | Bengtsson | Jenny | Long | 00:53:21 | 00:21:24 | 00:31:56 | 00:00:00 |
| 457 | Johansson | Linus | Long | 01:08:49 | 00:15:21 | 00:29:13 | 00:24:13 |
| 458 | Magnusson | Hanna | Long | 01:23:48 | 00:00:00 | 00:46:01 | 00:28:57 |
| 459 | Lundqvist | Henrik | Long | 01:03:44 | 00:14:21 | 00:28:17 | 00:21:06 |
| 460 | Berg | Liv | Long | 01:39:34 | 00:25:20 | 00:41:20 | 00:32:53 |
| 462 | Eng | Jakob | Long | 01:09:15 | 00:18:54 | 00:29:56 | 00:20:25 |
| 465 | Oliv | Stefan | Long | 01:10:35 | 00:16:51 | 00:28:32 | 00:25:11 |
| 466 | Landström | Jonas | Long | 01:16:25 | 00:15:51 | 00:34:51 | 00:25:42 |
| 467 | Landström | Henric | Long | 01:14:22 | 00:15:36 | 00:31:32 | 00:27:09 |
| 469 | Sköldberg | Annika | Long | 01:26:24 | 00:18:50 | 00:36:33 | 00:31:00 |
| 471 | Berg | Lisa | Long | 01:40:50 | 00:24:05 | 00:39:51 | 00:36:53 |
| 472 | Borgland | Emma-Sophi | Long | 01:37:51 | 00:24:07 | 00:39:40 | 00:34:03 |
| 473 | Granelli | Therese | Long | 01:21:28 | 00:00:00 | 00:17:03 | 00:26:33 |
| 474 | Olsson | Mathias | Long | 01:04:56 | 00:14:00 | 00:30:33 | 00:20:22 |
| 475 | Uberbacher | Fredrik | Long | 01:01:54 | 00:15:44 | 00:26:45 | 00:19:25 |
| 476 | Svensk | Sara | Long | 01:01:10 | 00:13:34 | 00:27:06 | 00:20:29 |
| 477 | Örarbäck | Jonas | Long | 00:57:46 | 00:13:15 | 00:26:06 | 00:18:24 |
| 478 | Hellqvist | Jonas | Long | 01:09:07 | 00:17:34 | 00:29:23 | 00:22:09 |
| 479 | Törneke | Viktor | Long | 01:05:10 | 00:15:07 | 00:00:00 | 00:21:18 |
| 480 | Karlsson | Josefina | Long | 01:19:58 | 00:19:07 | 00:33:38 | 00:27:12 |
| 481 | Karlsson | Susanna | Long | 01:28:59 | 00:21:45 | 00:37:24 | 00:29:50 |
| 482 | Kandre | Andreas | Long | 01:06:37 | 00:17:28 | 00:27:27 | 00:21:42 |
| 484 | Åstrand | Magnus | Long | 01:07:32 | 00:18:13 | 00:27:05 | 00:22:14 |
| 485 | Wahlsten | Göran | Long | 01:23:10 | 00:21:48 | 00:32:59 | 00:28:22 |
| 486 | Sandberg | Krister | Long | 01:22:41 | 00:18:16 | 00:33:38 | 00:30:47 |
| 487 | Kifeldt | Markus | Long | 01:11:50 | 00:19:24 | 00:29:45 | 00:22:40 |
| 490 | Södling | Josefine | Long | 01:17:39 | 00:17:24 | 00:32:19 | 00:27:55 |
| 491 | Flod | Jonathan | Long | 00:58:47 | 00:13:28 | 00:26:38 | 00:18:40 |
| 492 | Bengtsson | Mattias | Long | 01:20:17 | 00:20:42 | 00:33:04 | 00:26:29 |
| 493 | Kaltenbrunner | Peter | Long | 01:27:05 | 00:24:54 | 00:34:31 | 00:27:40 |
| 494 | Onsbacke | Anders | Long | 01:04:16 | 00:14:41 | 00:28:48 | 00:20:35 |
| 495 | Brekell | Simon | Long | 00:39:54 | 00:09:54 | 00:30:00 | 00:00:00 |
| 497 | Nilsson | Johan | Long | 00:51:13 | 00:21:33 | 00:22:13 | 00:23:35 |
| 498 | Bylerius | Mattias | Long | 01:06:47 | 00:16:32 | 00:27:59 | 00:22:16 |
| 499 | Holm | Marcus | Long | 01:18:26 | 00:19:11 | 00:32:18 | 00:26:57 |

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| 501 | FERNHOLM | ERIK | Long | 01:09:57 | 00:15:16 | 00:30:13 | 00:24:28 |
| 502 | Sjöstrand | Hans | Long | 01:20:44 | 00:20:32 | 00:32:54 | 00:27:17 |
| 504 | Eriksson | Andreas | Long | 01:10:58 | 00:17:59 | 00:28:01 | 00:24:57 |
| 505 | Sandgren | Björn | Long | 01:09:53 | 00:18:19 | 00:29:01 | 00:22:33 |
| 506 | Malmhäll | Daniel | Long | 01:14:46 | 00:18:45 | 00:31:18 | 00:24:42 |
| 508 | Martin | Jonas | Long | 01:21:58 | 00:21:38 | 00:35:40 | 00:24:39 |
| 509 | Gustafsson | Filippa | Long | 01:22:15 | 00:17:47 | 00:36:02 | 00:28:25 |
| 511 | Johansson | Robin | Long | 00:50:09 | 00:19:15 | 00:30:54 | 00:00:00 |
| 512 | Bäckström | Richard | Long | 00:59:01 | 00:13:54 | 00:26:07 | 00:18:59 |
| 513 | Kastenman | Stefan | Long | 01:13:30 | 00:18:01 | 00:32:16 | 00:23:11 |
| 514 | Pesonen | Henri | Long | 01:03:14 | 00:13:57 | 00:28:37 | 00:20:39 |
| 517 | HANSSON | NICKLAS | Long | 00:43:25 | 00:14:57 | 00:28:27 | 00:00:00 |
| 519 | LINDE | MARTIN | Long | 01:18:55 | 00:19:42 | 00:31:39 | 00:27:32 |
| 520 | FLINTA | MARTIN | Long | 00:59:24 | 00:13:10 | 00:26:22 | 00:19:51 |
| 521 | MALMGREN | TOBBE | Long | 01:09:49 | 00:14:46 | 00:28:36 | 00:26:26 |
| 397 | Probin | Susanne | Short | 00:51:43 | 00:00:00 | 00:30:33 | 00:15:42 |
| 496 | Hansson | Sven | Short | 00:38:38 | 00:06:30 | 00:17:21 | 00:14:47 |
| 365 | Svanberg | Per | Short | 00:40:08 | 00:07:09 | 00:17:24 | 00:15:35 |
| 429 | Åstrand | Johanna | Short | 00:40:11 | 00:06:03 | 00:18:14 | 00:15:53 |
| 515 | Andersson | Ida | Short | 00:37:23 | 00:06:15 | 00:16:58 | 00:14:10 |
| 341 | Andrén | Hanna | Short | 00:39:55 | 00:05:12 | 00:18:31 | 00:16:11 |
| 342 | Andrén | Anna-Karin | Short | 00:38:05 | 00:05:50 | 00:00:00 | 00:32:15 |
| 344 | Luhr | Kris | Short | 00:47:22 | 00:09:26 | 00:21:40 | 00:16:15 |
| 345 | Pawlowski | Olof | Short | 00:38:02 | 00:07:35 | 00:18:01 | 00:12:24 |
| 366 | Ljungberg | Edvin | Short | 00:34:52 | 00:05:33 | 00:16:55 | 00:12:23 |
| 367 | Cox | Rhona | Short | 00:48:39 | 00:08:56 | 00:21:09 | 00:18:33 |
| 371 | Asplund | Sofia | Short | 00:41:08 | 00:07:30 | 00:17:57 | 00:15:40 |
| 372 | Karlsson | Ingvar | Short | 00:37:52 | 00:00:00 | 00:41:18 | 00:15:25 |
| 373 | Arvidsson | Sofia | Short | 00:36:26 | 00:05:28 | 00:16:02 | 00:14:55 |
| 376 | Wilhelmsson | Elin | Short | 00:42:39 | 00:06:40 | 00:18:53 | 00:17:06 |
| 377 | Hasselqvist | Daniel | Short | 00:41:14 | 00:00:00 | 00:41:25 | 00:17:08 |
| 380 | Gärdeskog | Sara | Short | 00:41:55 | 00:06:46 | 00:17:15 | 00:17:53 |
| 386 | Lagerström | Emma | Short | 00:46:55 | 00:08:34 | 00:20:56 | 00:17:25 |
| 387 | Olsson | Martin | Short | 00:46:57 | 00:09:00 | 00:19:38 | 00:18:18 |
| 389 | Asplund | Marcus | Short | 00:40:56 | 00:06:48 | 00:17:39 | 00:16:28 |
| 398 | Jensen | Robert | Short | 00:37:26 | 00:07:20 | 00:17:22 | 00:12:43 |
| 400 | Mattsson | Magnus | Short | 00:36:42 | 00:06:19 | 00:16:37 | 00:13:45 |
| 404 | Rud | Eva | Short | 01:01:54 | 00:11:28 | 00:24:59 | 00:25:26 |
| 406 | Green | Anneli | Short | 00:49:16 | 00:11:02 | 00:18:01 | 00:20:11 |
| 407 | Hult | Cecilia | Short | 00:50:27 | 00:10:40 | 00:20:23 | 00:19:23 |
| 416 | Claudelin | Jonas | Short | 00:39:27 | 00:08:46 | 00:17:36 | 00:13:03 |
| 442 | Höglund | Arvid | Short | 00:36:56 | 00:04:46 | 00:18:17 | 00:13:52 |
| 446 | Sjöcrona | Joachim | Short | 00:57:22 | 00:00:00 | 00:37:33 | 00:19:28 |
| 447 | Jansson | Filip | Short | 00:37:49 | 00:06:27 | 00:00:00 | 00:31:21 |
| 448 | Ahlström | Olivia | Short | 00:39:07 | 00:06:57 | 00:17:01 | 00:15:09 |
| 449 | Jansson | Tim | Short | 00:13:21 | 00:05:57 | 00:00:00 | 00:00:00 |
| 452 | Hede | Maja | Short | 00:39:02 | 00:07:00 | 00:17:08 | 00:14:53 |
| 461 | Andreasson | Nicklas | Short | 00:41:19 | 00:07:28 | 00:18:18 | 00:15:32 |
| 463 | Eng | Annica | Short | 00:37:45 | 00:00:00 | 00:15:04 | 00:13:25 |
| 464 | Carlsson | Josefine | Short | 00:36:59 | 00:06:00 | 00:18:28 | 00:12:30 |
| 468 | Larsson | Rickard | Short | 00:36:28 | 00:07:33 | 00:15:26 | 00:13:29 |
| 470 | Westin | Karolina | Short | 00:40:40 | 00:08:21 | 00:17:47 | 00:14:22 |
| 483 | Åstrand | Annika | Short | 00:34:59 | 00:05:14 | 00:15:24 | 00:14:20 |
| 488 | Amberntsson | Sara | Short | 00:38:54 | 00:05:55 | 00:18:44 | 00:14:15 |
| 489 | Manceau | Jerome | Short | 00:27:06 | 00:00:00 | 00:37:41 | 00:10:31 |
| 500 | Bohrarper | Pär | Short | 00:41:42 | 00:08:24 | 00:17:56 | 00:15:22 |

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| 503 | Andersson | Ingela | Short | 00:40:09 | 00:06:41 | 00:16:57 | 00:16:30 |
| 507 | Lindeberg | Malin | Short | 00:55:06 | 00:10:20 | 00:23:07 | 00:21:38 |
| 510 | Billger | Martin | Short | 00:55:15 | 00:00:00 | 00:08:11 | 00:24:49 |
| 516 | Olsson | Henrik | Short | 00:42:24 | 00:08:03 | 00:18:09 | 00:16:12 |