

Råda ProvaPå -triathlon 20170731

Nummer	Efternamn	Förnamn	Bana	Totaltid	Simning (+ växling 1)	Cykling	Löpning (+ växel 2)
411	Hansson	Andreas	Long	01:13:51	00:16:26	00:32:49	00:23:10
437	Sjögren	Erik	Long	01:24:24	00:22:09	00:36:00	00:25:11
335	Jonsson	Torbjörn	Long	01:12:01	00:18:07	00:29:09	00:24:44
336	Svanström	Hanna	Long	01:08:50	00:17:55	00:30:18	00:20:36
337	Svensson	Daniel	Long	01:08:32	00:00:00	00:35:51	00:23:50
338	Persson	Mattias	Long	01:24:15	00:21:07	00:38:46	00:24:22
339	Hägg	Anders	Long	01:34:03	00:23:11	00:41:01	00:29:49
343	Luhr	Magnus	Long	01:21:16	00:21:01	00:32:23	00:27:52
346	Lavaine	Pierre	Long	01:17:22	00:20:50	00:31:19	00:25:12
347	Pesonen	Harri	Long	01:34:56	00:24:35	00:40:31	00:29:50
348	Karlsson	Christoffer	Long	01:17:33	00:19:27	00:33:00	00:25:05
349	Sjöholm	Sebastian	Long	00:44:39	00:09:50	00:34:49	00:00:00
364	Pesonen	Pekka	Long	01:09:58	00:13:05	00:34:59	00:21:54
368	Edvardsson	Kenneth	Long	01:17:14	00:18:30	00:32:40	00:26:03
369	Hammarlund	Henrik	Long	01:12:30	00:19:04	00:30:36	00:22:49
370	Lindgren	Erik	Long	01:16:13	00:19:13	00:33:04	00:23:55
374	Eckerstein	Susanna	Long	01:16:01	00:16:41	00:35:03	00:24:16
375	Lindén	Jon	Long	01:15:37	00:15:47	00:32:15	00:27:35
378	Waerme	Rikard	Long	01:14:35	00:18:05	00:32:29	00:24:00
379	Ottosson	Tomas	Long	00:20:53	00:20:53	00:00:00	00:00:00
381	Johansson	Göran	Long	01:27:20	00:20:44	00:34:18	00:32:17
382	Rådinger	Dan	Long	01:19:06	00:19:39	00:30:50	00:28:37
383	Rådinger	Madeleine	Long	01:37:15	00:26:54	00:38:24	00:31:56
384	Olsen	Fredrik	Long	01:28:11	00:20:56	00:34:01	00:33:13
385	Jonson	Mattias	Long	01:05:13	00:17:13	00:28:12	00:19:47
388	Roos	Fredrik	Long	01:26:03	00:24:26	00:35:04	00:26:33
391	Kimming	Stefan	Long	01:11:14	00:16:34	00:30:33	00:24:06
392	Opperdoes	Helene	Long	01:23:55	00:23:19	00:34:17	00:26:18
393	Halsenius	Sanna	Long	01:43:38	00:23:46	00:45:24	00:34:27
394	Nordlund	Johan	Long	01:14:07	00:19:18	00:31:19	00:23:28
395	Johansson	Ronnie	Long	00:14:54	00:14:54	00:00:00	00:00:00
396	Holmes	Richard	Long	01:05:28	00:00:00	00:00:00	00:40:00
399	Ohde	Sven	Long	01:09:05	00:16:17	00:29:11	00:23:37
402	Bark	Jonathan	Long	01:17:24	00:21:08	00:33:52	00:22:23
403	Svensson	Martin	Long	01:23:13	00:21:05	00:32:40	00:29:27
405	Sunde	Malin	Long	01:23:37	00:20:35	00:36:11	00:26:51
408	Magnusson	Gert	Long	01:09:51	00:18:26	00:29:27	00:21:58
409	Göting	Magnus	Long	01:10:43	00:16:13	00:30:08	00:24:22
410	Andreasson	Fredrik	Long	01:03:00	00:14:31	00:00:00	00:48:29
412	S. Honarvar	Antovan k	Long	01:22:51	00:23:17	00:26:37	00:32:56
413	Berggren	Roger	Long	01:03:35	00:14:37	00:26:22	00:22:35
414	Davidsson	Peter	Long	01:18:06	00:18:28	00:32:55	00:26:42
415	Zetterlund	Johan	Long	00:49:13	00:16:59	00:32:13	00:00:00
417	Sjögren	Peter	Long	01:16:30	00:17:57	00:32:04	00:26:28
418	Gerlam	Mats	Long	01:17:05	00:20:24	00:30:37	00:26:03
419	Josefsson	Amanda	Long	01:24:36	00:21:41	00:36:17	00:26:37
420	Borglund	Anders	Long	01:13:47	00:20:19	00:28:45	00:24:42
421	Bichler	Louise	Long	01:15:19	00:17:43	00:33:45	00:23:50
422	Karlberg	Stefan	Long	01:01:39	00:14:13	00:26:14	00:21:11
423	Wissmar	Thony	Long	01:08:09	00:17:40	00:28:58	00:21:31
424	Olsen	Carl	Long	01:11:54	00:18:32	00:31:52	00:21:29
425	Möller	Emilia	Long	01:10:09	00:16:54	00:29:13	00:24:01

426	Lihnell	Markus	Long	01:04:18	00:14:07	00:27:02	00:23:08
427	Liljenberg	Mattias	Long	01:06:08	00:16:11	00:28:37	00:21:19
428	Bengtsson	Anton	Long	00:57:48	00:12:19	00:26:39	00:18:49
430	Bengtsson	Frida	Long	01:15:03	00:16:08	00:34:10	00:24:43
431	Klingberg	David	Long	01:10:32	00:16:36	00:30:25	00:23:30
432	Kossenjans	Michael	Long	01:10:38	00:16:57	00:30:58	00:22:43
433	Krumkühler	Kornelia	Long	01:27:44	00:22:11	00:38:22	00:27:09
435	Olsson	Tobias	Long	01:11:19	00:18:56	00:29:49	00:22:32
436	Andersson	Martin	Long	01:28:41	00:20:48	00:37:43	00:30:08
438	Wessing	Lars	Long	01:24:57	00:20:00	00:33:09	00:31:47
439	Larsson	Bengt-Inge	Long	01:37:05	00:24:56	00:36:50	00:35:19
440	Olsson	Daniel	Long	01:07:29	00:14:18	00:28:25	00:24:45
441	Persson	Hampus	Long	01:20:42	00:23:04	00:29:58	00:27:39
443	El	Oscar	Long	01:00:50	00:13:44	00:26:21	00:20:45
444	Smedman	Andreas	Long	01:15:52	00:19:09	00:30:10	00:26:32
445	Sjöcrona	Elias	Long	01:00:20	00:00:00	00:24:59	00:19:28
450	Petersson	Mathias	Long	01:21:42	00:19:21	00:34:43	00:27:38
451	Roos	Martin	Long	01:22:18	00:20:29	00:36:07	00:25:41
453	Dahl	Fredrik	Long	01:17:49	00:18:10	00:32:42	00:26:56
454	Da Silva	Melina	Long	01:13:27	00:17:45	00:31:10	00:24:31
455	Tönnäng	Lenny	Long	01:10:55	00:16:38	00:29:54	00:24:22
456	Bengtsson	Jenny	Long	00:53:21	00:21:24	00:31:56	00:00:00
457	Johansson	Linus	Long	01:08:49	00:15:21	00:29:13	00:24:13
458	Magnusson	Hanna	Long	01:23:48	00:00:00	00:46:01	00:28:57
459	Lundqvist	Henrik	Long	01:03:44	00:14:21	00:28:17	00:21:06
460	Berg	Liv	Long	01:39:34	00:25:20	00:41:20	00:32:53
462	Eng	Jakob	Long	01:09:15	00:18:54	00:29:56	00:20:25
465	Oliv	Stefan	Long	01:10:35	00:16:51	00:28:32	00:25:11
466	Landström	Jonas	Long	01:16:25	00:15:51	00:34:51	00:25:42
467	Landström	Henric	Long	01:14:22	00:15:36	00:31:32	00:27:09
469	Sköldberg	Annika	Long	01:26:24	00:18:50	00:36:33	00:31:00
471	Berg	Lisa	Long	01:40:50	00:24:05	00:39:51	00:36:53
472	Borgland	Emma-Sophi	Long	01:37:51	00:24:07	00:39:40	00:34:03
473	Granelli	Therese	Long	01:21:28	00:00:00	00:17:03	00:26:33
474	Olsson	Mathias	Long	01:04:56	00:14:00	00:30:33	00:20:22
475	Uberbacher	Fredrik	Long	01:01:54	00:15:44	00:26:45	00:19:25
476	Svensk	Sara	Long	01:01:10	00:13:34	00:27:06	00:20:29
477	Örarbäck	Jonas	Long	00:57:46	00:13:15	00:26:06	00:18:24
478	Hellqvist	Jonas	Long	01:09:07	00:17:34	00:29:23	00:22:09
479	Törneke	Viktor	Long	01:05:10	00:15:07	00:00:00	00:21:18
480	Karlsson	Josefina	Long	01:19:58	00:19:07	00:33:38	00:27:12
481	Karlsson	Susanna	Long	01:28:59	00:21:45	00:37:24	00:29:50
482	Kandre	Andreas	Long	01:06:37	00:17:28	00:27:27	00:21:42
484	Åstrand	Magnus	Long	01:07:32	00:18:13	00:27:05	00:22:14
485	Wahlsten	Göran	Long	01:23:10	00:21:48	00:32:59	00:28:22
486	Sandberg	Krister	Long	01:22:41	00:18:16	00:33:38	00:30:47
487	Kifeldt	Markus	Long	01:11:50	00:19:24	00:29:45	00:22:40
490	Södling	Josefine	Long	01:17:39	00:17:24	00:32:19	00:27:55
491	Flod	Jonathan	Long	00:58:47	00:13:28	00:26:38	00:18:40
492	Bengtsson	Mattias	Long	01:20:17	00:20:42	00:33:04	00:26:29
493	Kaltenbrunner	Peter	Long	01:27:05	00:24:54	00:34:31	00:27:40
494	Onsbacke	Anders	Long	01:04:16	00:14:41	00:28:48	00:20:35
495	Brekell	Simon	Long	00:39:54	00:09:54	00:30:00	00:00:00
497	Nilsson	Johan	Long	00:51:13	00:21:33	00:22:13	00:23:35
498	Bylerius	Mattias	Long	01:06:47	00:16:32	00:27:59	00:22:16
499	Holm	Marcus	Long	01:18:26	00:19:11	00:32:18	00:26:57

501	FERNHOLM	ERIK	Long	01:09:57	00:15:16	00:30:13	00:24:28
502	Sjöstrand	Hans	Long	01:20:44	00:20:32	00:32:54	00:27:17
504	Eriksson	Andreas	Long	01:10:58	00:17:59	00:28:01	00:24:57
505	Sandgren	Björn	Long	01:09:53	00:18:19	00:29:01	00:22:33
506	Malmhäll	Daniel	Long	01:14:46	00:18:45	00:31:18	00:24:42
508	Martin	Jonas	Long	01:21:58	00:21:38	00:35:40	00:24:39
509	Gustafsson	Filippa	Long	01:22:15	00:17:47	00:36:02	00:28:25
511	Johansson	Robin	Long	00:50:09	00:19:15	00:30:54	00:00:00
512	Bäckström	Richard	Long	00:59:01	00:13:54	00:26:07	00:18:59
513	Kastenman	Stefan	Long	01:13:30	00:18:01	00:32:16	00:23:11
514	Pesonen	Henri	Long	01:03:14	00:13:57	00:28:37	00:20:39
517	HANSSON	NICKLAS	Long	00:43:25	00:14:57	00:28:27	00:00:00
519	LINDE	MARTIN	Long	01:18:55	00:19:42	00:31:39	00:27:32
520	FLINTA	MARTIN	Long	00:59:24	00:13:10	00:26:22	00:19:51
521	MALMGREN	TOBBE	Long	01:09:49	00:14:46	00:28:36	00:26:26
397	Probin	Susanne	Short	00:51:43	00:00:00	00:30:33	00:15:42
496	Hansson	Sven	Short	00:38:38	00:06:30	00:17:21	00:14:47
365	Svanberg	Per	Short	00:40:08	00:07:09	00:17:24	00:15:35
429	Åstrand	Johanna	Short	00:40:11	00:06:03	00:18:14	00:15:53
515	Andersson	Ida	Short	00:37:23	00:06:15	00:16:58	00:14:10
341	Andrén	Hanna	Short	00:39:55	00:05:12	00:18:31	00:16:11
342	Andrén	Anna-Karin	Short	00:38:05	00:05:50	00:00:00	00:32:15
344	Luhr	Kris	Short	00:47:22	00:09:26	00:21:40	00:16:15
345	Pawlowski	Olof	Short	00:38:02	00:07:35	00:18:01	00:12:24
366	Ljungberg	Edvin	Short	00:34:52	00:05:33	00:16:55	00:12:23
367	Cox	Rhona	Short	00:48:39	00:08:56	00:21:09	00:18:33
371	Asplund	Sofia	Short	00:41:08	00:07:30	00:17:57	00:15:40
372	Karlsson	Ingvar	Short	00:37:52	00:00:00	00:41:18	00:15:25
373	Arvidsson	Sofia	Short	00:36:26	00:05:28	00:16:02	00:14:55
376	Wilhelmsson	Elin	Short	00:42:39	00:06:40	00:18:53	00:17:06
377	Hasselqvist	Daniel	Short	00:41:14	00:00:00	00:41:25	00:17:08
380	Gärdeskog	Sara	Short	00:41:55	00:06:46	00:17:15	00:17:53
386	Lagerström	Emma	Short	00:46:55	00:08:34	00:20:56	00:17:25
387	Olsson	Martin	Short	00:46:57	00:09:00	00:19:38	00:18:18
389	Asplund	Marcus	Short	00:40:56	00:06:48	00:17:39	00:16:28
398	Jensen	Robert	Short	00:37:26	00:07:20	00:17:22	00:12:43
400	Mattsson	Magnus	Short	00:36:42	00:06:19	00:16:37	00:13:45
404	Rud	Eva	Short	01:01:54	00:11:28	00:24:59	00:25:26
406	Green	Anneli	Short	00:49:16	00:11:02	00:18:01	00:20:11
407	Hult	Cecilia	Short	00:50:27	00:10:40	00:20:23	00:19:23
416	Claudelin	Jonas	Short	00:39:27	00:08:46	00:17:36	00:13:03
442	Höglund	Arvid	Short	00:36:56	00:04:46	00:18:17	00:13:52
446	Sjöcrona	Joachim	Short	00:57:22	00:00:00	00:37:33	00:19:28
447	Jansson	Filip	Short	00:37:49	00:06:27	00:00:00	00:31:21
448	Ahlström	Olivia	Short	00:39:07	00:06:57	00:17:01	00:15:09
449	Jansson	Tim	Short	00:13:21	00:05:57	00:00:00	00:00:00
452	Hede	Maja	Short	00:39:02	00:07:00	00:17:08	00:14:53
461	Andreasson	Nicklas	Short	00:41:19	00:07:28	00:18:18	00:15:32
463	Eng	Annica	Short	00:37:45	00:00:00	00:15:04	00:13:25
464	Carlsson	Josefine	Short	00:36:59	00:06:00	00:18:28	00:12:30
468	Larsson	Rickard	Short	00:36:28	00:07:33	00:15:26	00:13:29
470	Westin	Karolina	Short	00:40:40	00:08:21	00:17:47	00:14:22
483	Åstrand	Annika	Short	00:34:59	00:05:14	00:15:24	00:14:20
488	Amberntsson	Sara	Short	00:38:54	00:05:55	00:18:44	00:14:15
489	Manceau	Jerome	Short	00:27:06	00:00:00	00:37:41	00:10:31
500	Bohrarper	Pär	Short	00:41:42	00:08:24	00:17:56	00:15:22

503	Andersson	Ingela	Short	00:40:09	00:06:41	00:16:57	00:16:30
507	Lindeberg	Malin	Short	00:55:06	00:10:20	00:23:07	00:21:38
510	Billger	Martin	Short	00:55:15	00:00:00	00:08:11	00:24:49
516	Olsson	Henrik	Short	00:42:24	00:08:03	00:18:09	00:16:12