

Råda ProvaPå -triathlon, 20170626

| Nummer | Efternamn | Förnamn | Bana | Totaltid | Simning (+ växling 1) | Cyklning | Löpning (+ växling 2) |
|--------|----------------|------------|------|----------|-----------------------|----------|-----------------------|
| 196 | Pesonen | Kristian | Long | 01:28:30 | 00:25:00 | 00:38:34 | 00:24:55 |
| | Le Dous | Anders | Long | 01:12:37 | 00:18:24 | 00:32:19 | 00:21:54 |
| 203 | Berg | Niklas | Long | 01:10:30 | 00:17:25 | 00:30:36 | 00:22:28 |
| 204 | Andreasson | Fredrik | Long | 01:05:03 | 00:16:08 | 00:28:04 | 00:20:50 |
| 205 | Rådberg | Daniel | Long | 01:20:56 | 00:18:55 | 00:34:33 | 00:27:27 |
| 206 | Luhr | Magnus | Long | 00:57:48 | 00:22:36 | 00:35:12 | 00:00:00 |
| 210 | Holmes | Richard | Long | 01:09:21 | 00:18:13 | 00:28:55 | 00:22:11 |
| 211 | Berggren Herou | Sara | Long | 01:22:26 | 00:23:23 | 00:35:27 | 00:23:35 |
| 212 | Herou | Fredrik | Long | 01:21:00 | 00:23:12 | 00:30:43 | 00:27:05 |
| 214 | Ljusegren | Anni | Long | 01:06:53 | 00:20:20 | 00:32:25 | 00:14:07 |
| 215 | Carlsson | Hanna | Long | 01:23:14 | 00:20:32 | 00:35:18 | 00:27:23 |
| 216 | Andreasson | Martin | Long | 01:13:55 | 00:18:21 | 00:31:16 | 00:24:17 |
| 217 | Gustafsson | Filippa | Long | 01:21:26 | 00:19:06 | 00:35:51 | 00:26:28 |
| 221 | Ahlqvist | Viktor | Long | 01:18:23 | 00:22:28 | 00:32:00 | 00:23:54 |
| 222 | Lundqvist | Henrik | Long | 01:07:40 | 00:16:39 | 00:29:19 | 00:21:42 |
| 223 | Egerbo | Henrik | Long | 01:08:21 | 00:15:54 | 00:30:37 | 00:21:49 |
| 226 | Düring | Sofie | Long | 00:51:10 | 00:19:12 | 00:31:58 | 00:00:00 |
| 228 | Sandgren | Björn | Long | 01:12:36 | 00:19:59 | 00:29:33 | 00:23:03 |
| 229 | Hermansson | Mattias | Long | 01:12:51 | 00:17:46 | 00:31:49 | 00:23:15 |
| 231 | Kaltenbrunner | Peter | Long | 01:28:32 | 00:00:00 | 00:55:39 | 00:27:38 |
| 232 | Eggen | Richard | Long | 01:17:36 | 00:23:49 | 00:29:01 | 00:24:45 |
| 233 | Davidsson | Pierre | Long | 01:07:42 | 00:16:16 | 00:29:09 | 00:22:16 |
| 236 | Hageberg | Martin | Long | 00:49:40 | 00:16:27 | 00:33:13 | 00:00:00 |
| 237 | Ericson | Ann-Cather | Long | 01:22:40 | 00:18:03 | 00:36:58 | 00:27:38 |
| 238 | >Sheppard | Robert | Long | 01:11:17 | 00:16:44 | 00:29:42 | 00:24:51 |
| 239 | Dahl | Fredrik | Long | 01:18:09 | 00:18:44 | 00:33:20 | 00:26:04 |
| 240 | Horkeby | Simon | Long | 01:17:45 | 00:21:09 | 00:33:08 | 00:23:27 |
| 241 | Collstedt | Carina | Long | 01:46:12 | 00:29:51 | 00:42:03 | 00:34:17 |
| 242 | Sandblad | Staffan | Long | 00:50:59 | 00:16:59 | 00:29:41 | 00:04:18 |
| 245 | Andersson | Mats G | Long | 01:12:56 | 00:20:41 | 00:31:03 | 00:21:11 |
| 246 | Edvardsson | Kenneth | Long | 01:33:07 | 00:23:37 | 00:38:01 | 00:31:28 |
| 247 | Andersson | Per | Long | 01:22:47 | 00:23:01 | 00:32:59 | 00:26:46 |
| 248 | Hjärtnäs | Anders | Long | 01:28:11 | 00:24:34 | 00:34:24 | 00:29:12 |
| 249 | Thorén | Anna | Long | 01:33:29 | 00:23:16 | 00:41:02 | 00:29:11 |
| 250 | Sörberg | Martin | Long | 01:07:16 | 00:16:19 | 00:27:22 | 00:23:35 |
| 253 | Andersson | Andreas | Long | 01:20:30 | 00:17:56 | 00:34:58 | 00:27:35 |
| 254 | Pesonen | Pekka | Long | 01:04:04 | 00:17:10 | 00:24:40 | 00:22:13 |
| 255 | Åström | Katarina | Long | 01:10:03 | 00:18:01 | 00:30:19 | 00:21:41 |
| 256 | Magnusson | Hanna | Long | 01:30:17 | 00:22:23 | 00:37:47 | 00:30:07 |
| 257 | Johansson | Linus | Long | 00:47:31 | 00:17:16 | 00:30:15 | 00:00:00 |
| 258 | Norberg | Carl | Long | 01:11:26 | 00:17:48 | 00:32:02 | 00:21:36 |
| 259 | Andersson | Teddy | Long | 01:10:25 | 00:15:26 | 00:29:55 | 00:25:04 |
| 260 | Lunde | Annette | Long | 01:21:05 | 00:19:03 | 00:35:37 | 00:26:25 |
| 264 | Lüppert | Mattias | Long | 00:47:46 | 00:17:45 | 00:30:01 | 00:00:00 |
| 265 | Abrahamsson | Marcus | Long | 00:57:25 | 00:22:12 | 00:35:12 | 00:00:00 |
| 266 | Johansson | Lukas | Long | 01:11:49 | 00:17:18 | 00:31:25 | 00:23:05 |
| 267 | Andersson | Martin | Long | 01:36:52 | 00:24:31 | 00:43:34 | 00:28:46 |
| 268 | Gelotte | Torbjörn | Long | 01:09:45 | 00:15:41 | 00:31:17 | 00:22:46 |
| 271 | Tjernberg | Lina | Long | 01:32:04 | 00:23:18 | 00:41:43 | 00:27:02 |

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| 272 | Liljenberg | Mattias | Long | 01:06:21 | | 00:17:07 | 00:28:30 | 00:20:42 |
| 273 | Ljungkvist | Jonas | Long | 01:31:17 | | 00:22:58 | 00:35:11 | 00:33:07 |
| 274 | Lundgren | Johan | Long | 01:15:27 | | 00:16:51 | 00:32:36 | 00:25:26 |
| 275 | Göting | Magnus | Long | 01:16:49 | | 00:19:23 | 00:00:00 | 00:57:25 |
| 276 | Åstrand | Magnus | Long | 01:12:11 | | 00:21:16 | 00:27:54 | 00:23:00 |
| 277 | Ljungberg | Peter | Long | 01:07:02 | | 00:14:26 | 00:30:36 | 00:21:58 |
| 279 | Wallin | Daniel | Long | 00:52:48 | | 00:19:48 | 00:32:59 | 00:00:00 |
| 280 | Löfstrand | Christian | Long | 00:45:27 | | 00:16:42 | 00:28:45 | 00:00:00 |
| 281 | Bäckson | Fredrik | Long | 00:59:47 | | 00:12:52 | 00:25:41 | 00:21:12 |
| 282 | Ekback | Johan | Long | 01:16:08 | | 00:19:46 | 00:30:29 | 00:25:52 |
| 283 | Petersen | Daniel | Long | 01:26:21 | | 00:23:46 | 00:38:06 | 00:24:28 |
| 285 | Oleander | Anna | Long | 01:18:36 | | 00:18:33 | 00:33:56 | 00:26:06 |
| 286 | Waerme | Rikard | Long | 01:18:25 | | 00:19:36 | 00:33:30 | 00:25:18 |
| 287 | Karlberg | Stefan | Long | 01:02:23 | | 00:15:37 | 00:00:00 | 00:46:46 |
| 288 | Brandén | Erik | Long | 01:22:24 | | 00:22:42 | 00:33:45 | 00:25:57 |
| 289 | Ljung | Bobby | Long | 01:05:58 | | 00:14:49 | 00:29:20 | 00:21:49 |
| 290 | Lindgren | Erik | Long | 01:22:23 | | 00:22:52 | 00:35:11 | 00:24:18 |
| 291 | Blomqvist | Johan | Long | 01:11:23 | | 00:17:43 | 00:30:23 | 00:23:16 |
| 293 | Diana | Frasse | Long | 01:24:36 | | 00:25:15 | 00:35:25 | 00:23:56 |
| 294 | Fredriksson | Mikael | Long | 01:24:05 | | 00:20:36 | 00:35:53 | 00:27:35 |
| 295 | Borglund | Anders | Long | 01:18:22 | | 00:23:04 | 00:30:31 | 00:24:45 |
| 296 | Josefsson | Amanda | Long | 01:28:49 | | 00:23:44 | 00:38:07 | 00:26:58 |
| 297 | Da Silva | Melina | Long | 01:20:47 | | 00:20:58 | 00:34:28 | 00:25:20 |
| 298 | Onsbacke | Anders | Long | 01:07:45 | | 00:16:36 | 00:30:18 | 00:20:50 |
| 301 | Karlsson | Johanna | Long | 00:50:07 | | 00:20:38 | 00:29:28 | 00:00:00 |
| 302 | Söhnchen | Mikaela | Long | 00:54:19 | | 00:19:51 | 00:34:27 | 00:00:00 |
| 303 | Kjellerup | Jens | Long | 01:16:38 | | 00:18:29 | 00:34:30 | 00:23:38 |
| 304 | Svanström | Jörgen | Long | 01:12:42 | | 00:18:19 | 00:31:07 | 00:23:15 |
| 305 | Redbrandt | Karl | Long | 00:16:34 | | 00:16:34 | 00:00:00 | 00:00:00 |
| 306 | Bylerius | Mattias | Long | 01:10:38 | | 00:18:16 | 00:29:53 | 00:22:28 |
| 307 | Lihnell | Markus | Long | 01:04:23 | | 00:14:55 | 00:27:29 | 00:21:58 |
| 311 | Aziz | Rami | Long | | | | | |
| 312 | Tönnäng | Lenny | Long | 01:14:05 | | 00:18:38 | 00:31:16 | 00:24:09 |
| 313 | Ericsson | Andreas | Long | 01:11:54 | | 00:18:47 | 00:28:31 | 00:24:36 |
| 333 | Linde | Martin | Long | 01:20:59 | | 00:21:35 | 00:32:39 | 00:26:44 |
| 334 | Fredrik | Persson | Long | 00:51:34 | | 00:00:00 | 00:38:21 | 00:00:00 |
| 350 | Jonson | Mattias | Long | 01:09:25 | | 00:19:29 | 00:29:18 | 00:20:38 |
| 351 | Amberntsson | Sara | Long | 01:29:10 | | 00:21:44 | 00:40:46 | 00:26:39 |
| 354 | Ankarberg | Johan | Long | 01:16:30 | | 00:20:48 | 00:30:36 | 00:23:20 |
| 355 | Mattson | Robert | Long | 01:21:37 | | 00:21:19 | 00:35:03 | 00:25:14 |
| 356 | Rose | Oscar | Long | 01:01:31 | | 00:14:16 | 00:26:26 | 00:20:48 |
| 357 | Sillberg | Peter | Long | 01:13:04 | | 00:17:12 | 00:30:14 | 00:25:37 |
| 359 | Pesonen | Henri | Long | 01:04:34 | | 00:14:38 | 00:00:00 | 00:49:56 |
| 360 | Kimming | Stefan | Long | 01:13:01 | | 00:17:21 | 00:31:56 | 00:23:44 |
| 362 | Ås | Ted | Long | 01:01:58 | | 00:14:09 | 00:27:52 | 00:19:56 |
| 363 | Flinta | Martin | Long | 01:01:04 | | 00:14:14 | 00:26:30 | 00:20:20 |
| 199 | Arvidsson | Sofia | Short | 00:43:02 | | 00:08:03 | 00:16:35 | 00:15:16 |
| 234 | Uddfolk | Roger | Short | 00:46:58 | | 23:57:00 | 00:05:06 | 00:16:18 |
| 197 | Asplund | Sofia | Short | 00:45:38 | | 00:08:35 | 00:20:46 | 00:16:17 |
| 198 | Olsson | Lisa | Short | 00:42:54 | | 00:08:30 | 00:18:52 | 00:15:31 |
| 200 | Berndtsson | Anna | Short | 00:44:01 | | 00:08:10 | 00:20:22 | 00:15:28 |
| 201 | Lindahl | Jennie | Short | 00:49:18 | | 00:10:08 | 00:22:15 | 00:16:55 |
| 202 | Lind | Jessica | Short | 00:45:52 | | 00:10:17 | 00:00:00 | 00:35:35 |
| 207 | Hasselqvist | Daniel | Short | 00:47:25 | | 00:12:08 | 00:17:47 | 00:17:30 |

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| 208 | Svensson | Jan-Erik | Short | 00:47:12 | 00:11:58 | 00:17:55 | 00:16:37 |
| 209 | Holmes | Oskar | Short | 00:08:23 | 00:08:23 | 00:00:00 | 00:00:00 |
| 213 | Hällgren | Nanna | Short | 01:02:15 | 23:57:00 | 00:18:37 | 00:20:07 |
| 218 | Hedebäck | Anna | Short | 01:01:26 | 00:10:47 | 00:21:59 | 00:28:40 |
| 219 | Ahlström | Olivia | Short | 00:42:00 | 00:10:01 | 00:00:00 | 00:31:59 |
| 220 | Stavenheim | Rebecka | Short | 00:47:17 | 00:11:23 | 00:19:55 | 00:15:58 |
| 224 | Johansson | Pia | Short | 01:00:46 | 00:14:02 | 00:26:54 | 00:19:49 |
| 225 | Johansson | Klara | Short | 01:00:22 | 00:14:01 | 00:26:57 | 00:19:23 |
| 227 | Johansson | Emma | Short | 01:04:11 | 00:09:33 | 00:21:58 | 00:32:39 |
| 230 | Andersson | Josephine | Short | 00:55:40 | 00:13:21 | 00:21:07 | 00:21:11 |
| 235 | Hageberg | Sixten | Short | 00:12:28 | 00:12:28 | 00:00:00 | 00:00:00 |
| 243 | Söderlund | Jörgen | Short | 00:50:09 | 00:09:58 | 00:22:07 | 00:18:03 |
| 244 | Ricci | Jennie | Short | 00:50:07 | 00:09:57 | 00:22:14 | 00:17:55 |
| 251 | Kenndal | Evelina | Short | 00:42:51 | 00:09:06 | 00:20:05 | 00:13:39 |
| 252 | Kenndal | Joakim | Short | 00:42:18 | 00:09:31 | 00:16:33 | 00:16:12 |
| 261 | Törnberg | Bo | Short | 00:54:41 | 00:13:55 | 00:20:49 | 00:19:57 |
| 262 | Alderholm | Olov | Short | 00:54:27 | 00:13:53 | 00:21:07 | 00:19:27 |
| 278 | Silvesjö | Christian | Short | 00:43:23 | 00:08:37 | 00:17:14 | 00:17:32 |
| 284 | Eriksson | Ebba | Short | 00:41:19 | 00:08:21 | 00:18:24 | 00:14:34 |
| 292 | Mike | Elisabeth | Short | 00:44:10 | 00:09:26 | 00:19:21 | 00:15:22 |
| 299 | Lenhagen | Nellie | Short | 00:13:05 | 00:13:05 | 00:00:00 | 00:00:00 |
| 300 | Krumkühler | KORnelia | Short | 00:44:58 | 00:11:31 | 00:19:25 | 00:14:01 |
| 308 | HILLEMYSR | BENGT | Short | 00:44:07 | 00:09:45 | 00:18:54 | 00:15:27 |
| 309 | MANCEAU | CAROLINE | Short | 00:53:00 | 00:11:29 | 00:19:04 | 00:22:27 |
| 310 | Gudnason | Petur | Short | 00:36:15 | 00:08:16 | 00:15:44 | 00:12:14 |
| 314 | Eggertsen | Susanna | Short | 00:47:09 | 00:09:56 | 00:21:24 | 00:15:48 |
| 315 | Hammarlund | Henrik | Short | 00:37:39 | 00:08:41 | 00:16:26 | 00:12:31 |
| 352 | Lindström | Pontus | Short | 00:41:57 | 00:11:12 | 00:17:33 | 00:13:11 |
| 353 | HÄLLINDER | AXEL | Short | 00:51:29 | 00:12:30 | 00:20:20 | 00:18:38 |
| 358 | Persson | Tove | Short | 00:44:55 | 00:10:00 | 00:21:09 | 00:13:46 |
| 263 | | | | 00:45:27 | 00:14:19 | 00:19:02 | 00:15:05 |
| 269 | | | | 01:17:43 | 00:00:00 | 00:02:47 | 00:23:20 |
| 270 | | | | 01:18:56 | 00:22:31 | 00:32:39 | 00:23:45 |
| 316 | | | | 00:58:27 | 00:14:17 | 00:24:43 | 00:19:26 |
| 317 | | | | 00:18:36 | 00:18:36 | 00:00:00 | 00:00:00 |
| 318 | | | | 00:17:36 | 00:17:36 | 00:00:00 | 00:00:00 |
| 319 | | | | 00:14:20 | 00:14:20 | 00:00:00 | 00:00:00 |
| 321 | | | | 00:15:24 | 00:15:24 | 00:00:00 | 00:00:00 |
| 322 | | | | 00:15:59 | 00:15:59 | 00:00:00 | 00:00:00 |
| 331 | | | | 00:18:06 | 00:18:06 | 00:00:00 | 00:00:00 |
| 332 | | | | 00:15:50 | 00:15:50 | 00:00:00 | 00:00:00 |
| 361 | | | | 01:13:27 | 00:15:16 | 00:32:55 | 00:25:14 |